Kidney Health Evaluation for Patients with Diabetes (KED)



Tip Sheet

What is being measured?

The KED measure assesses the percentage of members 18-85 years of age with diabetes (Type 1 and Type 2) who received a kidney health evaluation, defined by an estimated glomerular filtration rate (eGFR) and a urine albumin-creatinine ration (uACR), during the measurement year.

Why is this measure important?

Diabetes is the leading cause of chronic kidney disease (CKD)—approximately 1 in 3 adults with diabetes has CKD. CKD happens when an individual's kidneys are damaged and unable to filter blood as well as usual. As many as 90% of people with CKD do not know they have it, because it often has no symptoms. CKD gets worse over time and can lead to heart disease, stroke, and kidney failure. For these reasons, annual monitoring of kidney health is crucial for people with diabetes. Primary detection (kidney health evaluation) and management of kidney disease can prevent these complications and can stop or slow further kidney damage.

Eligible Population

All members between the age of 18-85 years of age with a diagnosis of Type 1 or Type 2 Diabetes.

Coding Guidance

Payment Code	Payment Method
Estimated Glomerular Filtration Rate (eGFR)	80047, 80048, 80050, 80053, 80069, 82565
Quantitative Urine Albumin Lab Test	82043
Urine Creatine Lab Test (uACR)	82570

What Could Happen If Coordination of Care Does Not Occur?

- Conduct a visit with diabetic patients at least once per year, to include a kidney health evaluation.
- Use CPT II coding when completing screening test to assist in administrative collection and gap closure.
- Educate members on why good kidney function is important as they work to manage their health and diabetes.
- Help members schedule their diabetes follow-up appointments and remind them of the care gaps that should be covered, including kidney function.
- Encourage members to take medications as prescribed that can protect kidney function (ACE inhibitors or ARBs).
- Submit applicable codes.

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Support

We are committed to the care and well-being of our members. We are also committed to working with you as a partner to develop the best possible treatment plans for all patients.

Please view the Provider section of our website at <u>network.carolinacompletehealth.com</u> for additional tools and resources. You may also contact your <u>Provider Engagement Administrator</u> directly for support and education.

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